

# THE GIVE AND SAVE

# 365

## ONE-YEAR / ONE-PAGE QUICK START GUIDE

TEACHING YOU TO USE EVERY DOLLAR YOU GET  
TO ADD VALUE TO YOUR LIFE AND THE LIVES OF OTHERS



BY

# LAURICK INGRAM

# THE ONE-YEAR ONE-PAGE EASY MONEY MANAGEMENT PLAN

**THE WHAT:** An easy plan that helps you feel good about building good money habits over the next year (365 days)

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**THE HOW:** (1) For the next year, once a week give at least \$7.00 (\$1.00 a day) to a worthy person, group, or organization;  
(2) save at least \$7.00 a week; and  
(3) learn at least one new thing about money every week.

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**THE WHY:** For something to become a habit, it must be repeated until you do it without thinking about it. By giving and saving a set amount, as well as learning one new thing a week, for the next 365 days, giving money, saving, money, and learning about money will become a life-time habit.

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**THE WHEN:** Pick one-day a week that you will do it.

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**THE WHO:** You!

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**THE WHERE:** Any person, group, or organization any where in the world that you want to give to.

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*For more information, you can go to my webpage [www.giveandsave365.com](http://www.giveandsave365.com) or follow me, *The Give and Save Guy*, on social media.*

Every **Tuesday**, I will post the name of a person, group, or organization that I will donate at least \$7.00 to, while at the same time I will save at least \$7.00 for myself.

Every **Thursday**, I will post a new word, phrase, or idea about money.

**Follow me and do as I do for a year and at the end of that year and three things are guaranteed.**

**First**, you will have developed the habit of using your money to help others.

**Second**, you will have developed the habit of saving some of all the money that comes into your life.

**Third**, you will have developed the habit of learning something new about money every week.

**And this is all in the first year.** Imagine, what your life will look like as the good you do, the money you save, and the knowledge you gain increases year after year.

Managing your money can be and should be fun and exciting, so start enjoying managing your money today.

*Sincerely,*

*Laurick Ingram, The Give and Save Guy*